



Ready, Set, Spin! New Cycling Studio Coming to ECC

Eastman Companies is pleased to announce a wonderful new on-site fitness amenity at ECC. Hills Fit Studio – Northern New Jersey’s premier indoor cycling studio – will be opening soon at the building. Owner Hillary Schumer is excited for the opportunity to bring her popular high-energy classes to tenants and employees.

Here’s what to expect:

- The new studio will be equipped with approximately 20 stationary bikes.
- Classes will be held seven days a week, with early morning and evening classes available to accommodate busy work schedules.
- Indoor cycling is a low-impact group cardio exercise where participants ride a stationary bike to music under the direction of a qualified instructor. The workout is perfect for riders of all abilities, from beginners to those who are more advanced.
- For more information on rates and to inquire about a free trial class, contact Hillary at hillary@hillsfit.com

Hills Fit Studio provides ECC tenants with another distinct option for achieving their health and fitness goals. In addition, we currently offer a tenant-only fitness center, one-on-one personal training at It’s Beyond Fitness and appointment-only massage services from New Jersey Massage.

Also this fall:

- Trish Gardner, owner of It’s Beyond Fitness, is offering a \$199 promotion exclusively for ECC tenants. It includes a fitness evaluation plus three personalized workout sessions.
- Stay tuned for details about ECC’s on-site Health Fair later this fall. This interactive event will feature local vendors who will be available to speak with tenants on a variety of health-related topics.

Café Corner: Holiday Pies and More!

When the leaves change and the air turns crisp, it’s time to showcase the flavors of fall. The Café’s promotions, theme days and festivals offer a delicious taste of the season.

October:

- Great grains are in the spotlight on this month’s menu, including quinoa, farro and freekah.

November:

- Pre-order your holiday pies! A variety of pies – baked on the premises – will be available throughout the month.
- We also pay homage to the cranberry – and don’t forget to stop in for an afternoon cup of hot mulled cider.

December:

- Our winter squash festival will highlight such favorites as butternut, acorn, pumpkin and spaghetti.

The Café’s staff is ready to make your holiday party extra special. Contact us at cafeecc@dartcor.com for more information and catering menus, or to order cookie or pie platters.

“Shoppportunities” Abound

Fall savings are within walking distance of your office! ECC tenants and their employees are invited to enjoy special deals and offers from select Livingston retail shops, restaurants and service providers. Here's how:

- **Look for our Coupon Flyer in the lobby.** Offers change monthly.
- **Connect with us via Social Media.** Like “Eastman Retail” on Facebook or follow “Eastman_Retail” on Twitter for the latest info on offers, discounts, and events.
- **Check out deals at participating retailers** including our own ECC Café and It's Beyond Fitness, plus The Fresh Market, Dunkin' Donuts, Hand & Stone Massage and Facial Spa, Wine Legend, Ike's Bagel Café, Choice Pet Supply, and more.
- **Share the savings** with your staff, colleagues, and friends and family who live or work in the area. For more information, contact Eastman Companies at retail@eastmancompanies.com.

A Commitment to Corporate Sustainability

Did you know you work in one of the greenest office complexes in the state? Green office buildings reduce the environmental impact of doing business while increasing efficiency, employee health and productivity. ECC is committed to corporate sustainability, and we're proud of our recent U.S. Green Building Council's (USGBC) LEED Silver certification. We thank you, our tenants, for your ongoing efforts to help us reduce our carbon footprint.

Here are a few more “Did you know?” ECC FAQs:

- ECC is Energy Star-certified, meeting strict energy performance standards set by the Environmental Protection Agency.
- Building management only uses green cleaning products and janitorial supplies.
- The 35-foot-high decorative panel behind the lobby security desk is manufactured from recycled plastic.
- Restrooms include low-flow toilets, sinks and urinals, as well as light sensors to control the ceiling and pendant lights over each sink.
- The complex has roof- and ground-mounted solar array installations and four electric car charging stations.
- ECC contracted with ConEdison to purchase 100 percent sustainable energy through certified wind power.

Tenant Profile: Veritext

Founded in 1997, Veritext offers a full range of deposition and litigation support solutions. For law firms and corporations, the company provides national coverage, state-of-the-art facilities, highly skilled court reporters, advanced technology, unparalleled client service and on-time delivery. The company's solutions utilize the latest easy-to-use technologies that streamline the deposition process, enhance delivery flexibility and reliably handle even the most complex cases.

Veritext has been a tenant at Eisenhower Corporate Campus since 2014. The firm has additional offices located throughout the United States. “We appreciate Eisenhower Corporate Campus' convenient Essex County location in proximity to major highways, Newark Liberty International Airport, and nearby shopping and dining options,” said Suze Wright, National Project Manager. “The professionalism and attentiveness of the building's staff has been another advantage to our tenancy.”

Wright said the firm and its employees also appreciate the building's many on-site amenities, particularly the Eisenhower Conference Center, which makes it easy and convenient to host business functions and meetings of all sizes. For more information on Veritext, visit www.veritext.com.

Ron's Tidbits: Updates from Building Manager Ron Thomson

- LinkedIn recently used our auditorium to film a commercial, and our security guards and building personnel had the opportunity to participate as stand-ins. With the \$50 they earned, they just might head to Hollywood and become stars!
- We are pleased to welcome two new tenants: Jersey Cares, a non-profit organization; and Circuport, a medical device company that provides vascular access systems for hemodialysis patients.
- If you appreciate nature, snowy egrets are enjoying the great fishing in our pond. Our raccoon relocation program also continues; these curious creatures are being safely transported to their new home at the local nature preserve.
- Be sure to stop by The Shoppes at the Livingston Circle, located directly across the street at 277 Eisenhower Parkway. The Fresh Market has seasonal specials each week, Ike's Bagel Café is open early if you are craving a fresh bagel, Hand & Stone Massage and Facial Spa will be offering a “two for one” gift card special, and Wine Legend has some tasty new autumn brews.
- Winter will be here before you know it. When inclement weather strikes, be sure to wear proper footwear to ensure safe entry to the building.